

BALLIHOO LUNCHTIME MENU

NIBBLE

olives *gf, df, vg* / chilli mixed nuts *gf, df, vg* 3 each

homemade bread selection with balsamic vinegar & fiarano241 olive oil 4 *df, v, vg*

mini chorizos *df* / salt cod croquettes with lemon mayo *df* / crispy squid *df* 4 each

padron peppers *gf, df, vg* / falafel & spicy tomato *gf, df, vg* / cider battered courgette & smoked paprika *df, vg* 4.5 each

STARTER

soup of the day, homemade bread 6 *gfa, dfa, vga*

smoked salmon, fennel, pomegranate, orange, dill 7 *gf, df*

ham croquettes, celeriac remoulade, bacon crumb, apple and cider dressing 7 *df*

chilli, fish sauce chicken wings, sesame, coriander, spring onion 7 *gf, df*

SALAD

beetroot, goat's cheese, orange, chicory, honey, chive dressing 7/12.5 *gf, v, vga*

sweet potato, hazelnut, quinoa, cranberry & spinach salad – 6.5/12 *gf, df, vg*

MAINS

tagliatelle pasta with spinach and pine nut pesto, black olives, sundried tomatoes 7.5/13.5 *gfa, df, vg*

tomato and coconut chicken curry, lentils, garlic and coriander naan 15 *gfa, df, vga*

ballihoo beef burger, cheddar cheese, jalapeño mayo, rocket, tomato, skinny fries 13.5 *gfa, dfa*

warm chicken wrap, spiced tomato, chickpea, rocket, cheddar cheese, skinny fries 13.5 *gfa, dfa*

chargrilled pork chop, sweet potato, broccoli, chimichurri, crispy onions 16.5 *gf, df*

roast cornish cod, tomato, chickpea stew, spinach, aioli 17 *gf, df*

ON THE SIDE 3.5

skinny fries *gf, df, vg* / buttered greens *gf, dfa, vga* / mashed potato *gf, v*

broccoli, almond, chilli *gf, df, vg* / rocket and parmesan salad *gf, v*

gf = gluten Free – *gfa* = gluten free available – *df* = dairy free – *dfa* = dairy free available

v = vegetarian – *va* = vegetarian available – *vg* = vegan – *vga* = vegan available

please be aware not all ingredients are listed on our menu if you have any allergies please speak to our staff, who can provide you with a more detailed allergen menu and help you with your food choices.

PIZZA

tomato sauce, mozzarella cheese 11 *gfa, dfa, v, vga*

spicy pepperoni, tomato sauce, mozzarella cheese 12 *gfa, dfa*

sundried tomato, olives, parmesan, rocket, truffle oil, tomato sauce, mozzarella cheese 12 *gfa, dfa, v, vga*

chicken, spinach, sweet chilli, tomato sauce, mozzarella cheese 12 *gfa, dfa*

goats cheese, caramelised onion, tomato sauce, mozzarella cheese 12 *gfa, dfa, v*

KIDS MENU 2 courses 8.5

salmon fish cake, broccoli, salad *df*

sausages, mashed potato, garden peas, gravy

pesto pasta, parmesan *dfa, vga*

cottage pie, broccoli, garden peas *gf*

chicken and vegetable fajitas, cheddar cheese, salad *gfa, dfa*

double chocolate brownie, vanilla ice cream *gf*

2 scoops of ice cream or sorbet *gfa, dfa, vga*

DESSERT

apple and quince crumble, custard 6 *gfa, dfa, vga*

chocolate pave, peanut, lime, salt caramel 6.5

almond financiers, pear, hazelnut praline, vanilla ice cream 6.5 *gfa, dfa, vga*

lemon cheesecake, raspberry sorbet 6 *v*

selection of ice creams and sorbets 1.5 a scoop *gfa, dfa, vga*

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